

# pillar PERFORMANCE

## CERTIFICATION EDUCATION APPLICATION

**E-mail** application to: **pillarPERFORMANCE** 1010 S. Coast Hwy 101 #107, Encinitas, CA 92024  
 T: 1.888.838.3664, ext. 12 F: 1.858.429.5868 **E-mail:** edu@pillarinmotion.com **Website:** http://www.pillarinmotion.com

**First Name:** \_\_\_\_\_ **Last Name:** \_\_\_\_\_

**Mailing Address:** \_\_\_\_\_ **City, State, Zip:** \_\_\_\_\_

**Phone:** \_\_\_\_\_ **E-Mail:** \_\_\_\_\_

**Referral:** \_\_\_ Pilates South Texas Website; \_\_\_ Merrithew™ Website; \_\_\_ Social Media: \_\_\_\_\_ or Friend/Colleague: \_\_\_\_\_

Physical participation is required. Any physical concerns acquired during the education that impede physical participant will not exempt student from completing all required hours.  
 - List any injuries, conditions or postural concerns that you know may limit your performances during the education (Medical clearance may be required to submit with application).

### STOTT PILATES® Education: INTENSIVE PROGRAMS (Level 1)

Education Date: \_\_\_\_\_

### STOTT PILATES® Education: ADVANCED PROGRAM (Level 2)

Education Date: \_\_\_\_\_

<b>IMP - Intensive Mat-Plus™ (40 hrs); Fee: \$1,444.97*</b> <b>Prerequisites:</b> Knowledge of functional anatomy & 30+ hours of Pilates classes <b>Continuing Education Credits:</b> 4.0 STOTT PILATES®, 40 PMA®, 4.0 ACE®	<b>AM - Advanced Matwork (6 hrs); Fee: \$319.76*</b> <b>Prerequisites:</b> IMP Course <b>Continuing Education Credits:</b> 0.6 STOTT PILATES®, 6 PMA®, 0.6 ACE®
<b>IR - Intensive Reformer (50 hrs); Fee: \$1,993.46*</b> <i>(If have not taken IMP, require 'Mat &amp; Reformer Support Materials Manual', \$32.48)</i> <b>Prerequisites:</b> Knowledge of functional anatomy & 30+ hours of Pilates classes <b>Continuing Education Credits:</b> 5.0 STOTT PILATES®, 50 PMA®, 5.0 ACE®	<b>AR - Advanced Reformer (18 hrs); Fee: \$886.34*</b> <b>Prerequisites:</b> IR Course <b>Continuing Education Credits:</b> 1.8 STOTT PILATES®, 18 PMA®, 1.8 ACE®
<b>ICCB - Intensive Cadillac, Chair &amp; Barrels (50 hrs); Fee: \$2,412.28*</b> <b>ICAD:</b> Intensive Cadillac Module (25 hrs); Fee: \$1,287.30* <b>ICHR:</b> Intensive Chair Module (15 hrs); Fee: \$771.09* <b>IBRL:</b> Intensive Barrels Module (10 hrs); Fee: \$703.89* <b>Prerequisites:</b> IMP Course or IR Course <b>Continuing Education Credits:</b> 5.0 STOTT PILATES®, 50 PMA®, 5.0 ACE®	<b>ACCB - Advanced Cadillac, Chair &amp; Barrels (12 hrs); Fee: \$672.32*</b> <b>ACAD:</b> Advanced Cadillac Module (6 hrs); Fee: \$323.66* <b>ACHR:</b> Advanced Chair Module (3 hrs); Fee: \$273.66* <b>ABRL:</b> Advanced Barrels Module (3 hrs); Fee: \$225.00* <b>Prerequisites:</b> ICCB or ICAD, ICHR, IBRL (for respective advanced module) <b>Continuing Education Credits:</b> 1.2 STOTT PILATES®, 12 PMA®, 1.2 ACE®
<b>ISP: INJURIES &amp; SPECIAL POPULATIONS (24 hrs); Fee: \$1,551.91*</b> <b>Prerequisites:</b> IMP Course or IR Course <b>Continuing Education Credits:</b> 2.4 STOTT PILATES®, 24 PMA®, 2.4 ACE®	

### STOTT PILATES® CERTIFICATION EXAM: Achieve internationally recognized STOTT PILATES® Certification

<b>Level 1 Exam</b> <b>Level 2 Exam</b> <b>Level 1 &amp; 2 Exam:</b> <b>Mat</b> <b>Reformer</b> <b>Mat &amp; Reformer</b> <b>Mat, Reformer, Cadillac, Chair &amp; Barrels</b> <b>E-mail info@pilatessouthtexas.com or Call 1.888.838.3664, ext. 2 to Inquire Exam Fee &amp; Schedule Exam Date</b>
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### KINETIC CHAIN® Education:

Supplement current instruction & programming and Earn Maximum 0.2 STOTT PILATES® CECs annually and 1.0 PMA® CECs per hour

Education Date: \_\_\_\_\_

<b>KINETIC CHAIN® Training</b> <b>Recommend:</b> Complete 'Functional Anatomy for Movements' ___ Functional Anatomy for Movements (8 hrs); Fee: \$375.00* ___ C.O.R.E. Principles & Movements (8 hrs); Fee: \$375.00* ___ Functional Anatomy & C.O.R.E. (16 hrs); Fee: \$600.00* ___ KINETIC CHAIN® Training in Motion App; Fee: Subscription	<b>KINETIC CHAIN® Suspension</b> <b>Recommend:</b> 'Functional Anatomy for Movements' ___ C.O.R.E. Principles & Workout (8 hrs) Fee: \$250.00*	<b>KINETIC CHAIN® Sports Motion</b> <b>Recommend:</b> 'Functional Anatomy for Movements' ___ C.O.R.E. Principles & Workout (8 hrs) Fee: \$250.00*
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### EXPERIENCE

**Self-Practice (Mat, Reformer, Cadillac, Chair or Barrels):** \_\_\_ none, \_\_\_ 10 - 30 hrs, \_\_\_ 6 mons , \_\_\_ 1 yr+ Method & Location(s): \_\_\_\_\_

**Fitness Instruction and/or Coaching Experience & Duration:** (i.e., Pilates, yoga, group fitness, personal trainer or none): \_\_\_\_\_

#### It is my first STOTT PILATES® Education

\_\_\_ Two letters of reference; \_\_\_ Letter of Completion in Anatomy or \_\_\_ register **KINETIC CHAIN® Training - Functional Anatomy for Movements (Dates on Website)**

\_\_\_ Purchase course materials prior to start date ( \_\_\_ I will pick-up at Pilates South Texas; \_\_\_ I will pay a shipping & handling fee for home delivery)

#### It is not my first STOTT PILATES® Education

\_\_\_ Letter of Completion document for Intensive Course, (IMP, IR, ICAD, ICHR or IBRL) to register for another Intensive Course or Advanced Course (AM, AR, ACAD, ACHR or ABRL)

### PAYMENT INFORMATION

**Amount:** \_\_\_\_\_ Check (payable to **Center Pose, Inc.**) or \_\_\_ Visa; \_\_\_ MasterCard; \_\_\_ American Express

**Credit Card #:** \_\_\_\_\_ **Expire Date:** \_\_\_\_\_ **CVC Code:** \_\_\_\_\_

**Name on Credit Card:** \_\_\_\_\_ **Signature:** \_\_\_\_\_ **Date:** \_\_\_\_\_

(My signature authorizes pillarPERFORMANCE to charge the above Credit Card for the payment indicated above).

REFUND POLICIES FOR ALL EDUCATION: Refund(s) will be processed in full payment if the registered education is not conducted.