

PILATES SOUTH TEXAS

STOTT PILATES® CERTIFICATION TRAINING CENTER

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STOTT PILATES® CERTIFICATION COURSE & WORKSHOP APPLICATION

SUBMIT your application to: Center Pose, Inc. d/b/a Pilates South Texas
5151 Katy Freeway, Suite 140 Houston, Texas 77007 or Fax 713-861-6775

CONTACT INFORMATION

First Name:	Last Name:
Company Name (if applicable):	
Address:	
City:	Prov. / State:
Country:	Postal / Zip Code:
Phone (Home):	Phone (Mobile):
E-mail #1:	E-mail #2:

CERTIFICATION COURSE REGISTRATION

Applications must be accompanied by two letters of reference and a \$200 deposit. Space is limited and applications will be processed on a first-come-first-served basis. **Space will ONLY be reserved upon the receipt of all application materials and \$200 deposit.**

Prices are subject to change without notice. Fees for courses and workshops do not include required course materials or applicable taxes. **The \$200 deposit is non-transferable and non-refundable; this deposit secures a place in the Course until the balance of the course payment is received.**

REFUND/CANCELLATION POLICY FOR LEVEL 1 TRAINING COURSES:

No refunds or transfers 7 days prior to the Training Course start date. Course refunds will be the full amount paid by client for the course(s) less \$200.

REFUND/CANCELLATION POLICY FOR LEVEL 2 TRAINING COURSES:

No refunds or transfers 7 days prior to the Training Course start date. Course refunds will be the full amount paid by client for the course(s) less 20%. For full details on our registration and cancellation policy, please contact us.

Any applicable refunds will be issued within 30 days of the first course start date.

INTENSIVE PROGRAM (Level 1 & Level 2)

<p>IMP: Intensive Mat-Plus™ - 40 hrs \$1,000 Course, \$170 Materials: Total: \$1,170*</p> <p><u>Prerequisites:</u> ▶ Working knowledge of functional anatomy ▶ 30 hours Pilates classes ▶ Three-plus years teaching movement or fitness</p>	<p>AM: Advanced Matwork - 6 hrs \$175 Course, \$40 Materials: Total: \$215*</p> <p><u>Prerequisites:</u> ▶ IMP</p>
<p>IR: Intensive Reformer - 50 hrs \$1,500 Course, \$190 Materials: Total: \$1,690*</p> <p><u>Prerequisites:</u> ▶ Working knowledge of functional anatomy ▶ 30 hours Pilates classes ▶ Three-plus years teaching movement or fitness</p>	<p>AR: Advanced Reformer - 18 hrs \$575 Course, \$120 Materials: Total: \$695*</p> <p><u>Prerequisites:</u> ▶ IR</p>
<p>ICAD: Intensive Cadillac - 25 hrs \$900 Course, \$250 Materials: Total: \$1,150*</p> <p>ICHR: Intensive Chair - 15 hrs \$550 Course, \$160 Materials: Total: \$710*</p> <p>IBRL: Intensive Barrels - 10 hrs \$400 Course, \$215 Materials: Total: \$615*</p> <p>ICCB: Intensive Cadillac, Chair and Barrels - 50 hrs \$1,500 Course, \$560 Materials: Total: \$2,060*</p> <p><u>Prerequisites:</u> ▶ IMP & IR</p>	<p>ACAD: Advanced Cadillac - 6 hrs \$175 Course, \$45 Materials: Total: \$220*</p> <p>ACHR: Advanced Chair - 3 hrs \$125 Course, \$45 Materials: Total: \$170*</p> <p>ABRL: Advanced Barrels - 3 hrs \$125 Course, \$0 Materials: Total: \$125*</p> <p>ACCB: Advanced Cadillac, Chair and Barrels - 12 hrs \$375 Course, \$90 Materials: Total: \$465*</p> <p><u>Prerequisites:</u> ▶ ICCB or ICAD, ICHR, IBRL (for respective advanced module)</p> <p>ISP: Injuries & Special Populations - 24 hrs \$1,000 Course, \$300 Materials: Total: \$1,300*</p> <p><u>Prerequisites:</u> ▶ IMP or IR</p>

*(All Required and Recommended Course Materials are available at Studio)

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COURSE TITLE(S) AND DATE(S) (see Course schedule)

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EDUCATION

Please list related degrees and certificate courses (i.e. ACE, AFAA, PMA, etc) and/or submit a resume:

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Describe anatomy education:

College / University Course Workshop Other
(i.e. musculoskeletal, anatomy, biomechanics).

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EXPERIENCE

Please list your teaching experience (describe subject taught / years teaching):

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Please list your personal experience in dance, fitness or other body work (how many years / how recently):

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Please list your Pilates experience (describe when & where, indicate STOTT PILATES® or other):

none 1- 10 hours 10 - 30 hours 30+ hours

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PERSONAL INFORMATION

Do you have any injuries, conditions (including current or recent pregnancy) or postural issues that may affect your performance during the course? (Medical clearance may be required).

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How did you hear about STOTT PILATES® and STOTT PILATES® Education?

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How do you plan to use your STOTT PILATES® Certification?

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Are you using this course to fulfill continuing education credits?

Yes No If Yes, for which organization

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I hereby certify that the information provided on this application is accurate.

I understand that failure to provide accurate information may result in my removal from the certification and/or workshop program.

I, STOTT PILATES® Certification Course Applicant have included the following:

Two letters of reference (require for first-time submission with Pilates South Texas)
(Letters should reflect course prerequisites, your teaching abilities and character)

\$200 non-transferable and non-refundable deposit

Applications that do not include the above requirements will not be processed.

Signature: _____ Date: _____

PAYMENT METHOD

Select one:

Deposit only (*Full payment is due 7 days prior to the Training Course start date*)

Full payment

Enter payment:

_____ Payment amount

Select one:

Check, _____ Check # Money order

(Check payable to Center Pose, Inc.)

Visa MasterCard

Account Number: _____ Expiration Date: _____ CVC Code: _____

Name on Card: _____

Signature: _____

(I authorize Center Pose, Inc., d/b/a Pilates South Texas to charge the above account number for the payment indicated above)

Date: _____